



Oceans Pure 100% Natural Sea Kelp

Iodine for my thyroid, I know that part. Why else is kelp good for me?

ENERGY! Oceans Pure kelp is a fantastic source of energy. Kelp is a sea super green, packed with minerals and vitamins to boost your energy, your mood and your day! Oceans Pure contains 170mcg of iodine per **1/2oz serving**. 32 servings per bottle. Harvested in Nova Scotia, bottled in Vancouver, BC.

Kelp, with its balance of natural iodine with other minerals, vitamins and trace elements, is considered a body balancer, promoting adrenal, pituitary and thyroid health. The bio-availability of organic iodine in liquid kelp can assist in normalizing thyroid disorders, obesity and lymph system congestion. It detoxifies and eliminates heavy metals and toxins, very effectively helping to purify the blood.

Liquid kelp can be used effectively for weight loss by aiding in eliminating excess stores of fat and fluids. Its easily absorbed organic minerals and trace minerals provide energy and stamina, while organic vitamins boost the immune system and act as viral protectors.

Seaweed's natural digestive enzymes help the body's metabolic and digestive systems with assimilation. Oceans Pure, in its liquid concentrate form, is very quickly assimilated, with just an ounce providing the recommended daily dosage. The liquid form is soothing to a sensitive or troubled digestive system, aiding greatly in treating recurrent constipation and gastric bloating.

Topically, Oceans Pure has added benefits, promoting healthier skin, hair and nails. Misting kelp onto the skin helps regenerate and firm skin while protecting against moisture loss.

Oceans Pure is extracted from one of the best species of kelp, *Laminaria digitata*, which produces the highest levels of organic iodine and other nutrients, including over 70 vitamins, minerals, amino acids and trace elements. Farmed from the shoreline of Nova Scotia, this kelp is cold water grown, so it has the best nitrogen levels. *Laminaria digitata* is an arterial cleansing agent, giving tone to the walls of blood vessels and reducing deposits in the arteries while restoring their elasticity. It also strengthens the circulatory system and helps to lower cholesterol. The kelp plant extracts and assimilates vital minerals from ocean water and miraculously converts them from unavailable inorganic substances to available organic minerals that our bodies can then use for overall health.

Ingredients: *Laminaria digitata*

Preservatives: Potassium sorbate, citric acid, distilled water

100% Natural extract: all of the following nutrients are naturally occurring. No artificial or synthesized ingredients are added to Oceans Pure. Contains no yeast or additives.

Vitamins: Vitamin C, Carotene, Biotin, Folic Acid, Niacin, Riboflavin, Thiamin, Tocopherol, Vitamin B12, Vitamin P (Flavonoids)

Naturally Chelated Minerals: Calcium, Magnesium, Phosphorus, Potassium, Sodium

Trace Minerals: Iodine, Boron, Selenium, Calcium, Copper, Zinc, Cadmium, Iron, Potassium, Magnesium, Manganese, Titanium, Molybdenum, Sodium, Sulphur, Indium, Rhodium, Chromium, Nickel, Thallium, Silicon, Tungsten, Germanium

Amino Acids: the essential building blocks of protein. Threonine, Leucine, Lysine, Arginine, Histidine, Aspartic Acid, Glutamic, Methionine, Valine, Proline, Cystine, Tyrosine, Glycine. Kelp is a complete plant source for amino acids.

Digestive Enzymes: Amylase, Lipase, Cellulase, Protease